

# ELIZABETHTOWN HIGH SCHOOL VALLEY VIEW EDUCATIONAL CENTER



## THE PANTHER FEEDING GROUND

### Breakfast and Lunch Cycle Menu 2021-2022

**Katie Campbell**  
Manager

**Luz Tua**  
Asst. Manager

**766-1037**

Go to the Nutrition Services page of the EIS web site  
[www.etown.kyschool.us](http://www.etown.kyschool.us) for mySchool Bucks, menus, menu analysis  
and program information.

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Week 1	<ul style="list-style-type: none"> <li>• Ham &amp; Cheese Bagel</li> <li>• Bagle w/ Creamcheese</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey Sausage Taco</li> <li>• Cereal</li> <li>• Chilled Pears</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Sausage Biscuit</li> <li>• Cereal</li> <li>• Orange Slices</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Strawberry Mini Bagel</li> <li>• Cereal</li> <li>• Banana</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Poptarts &amp; Muffins</li> <li>• Cereal</li> <li>• Fresh Fruit Cup</li> <li>• Juice</li> <li>• Milk</li> </ul>
Breakfast Week 2	<ul style="list-style-type: none"> <li>• Cinn. Mini Bagel</li> <li>• Cereal</li> <li>• Chilled Peaches</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Biscuit</li> <li>• Cereal</li> <li>• Applesause</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey Ham &amp; Cheese Slidder</li> <li>• Cereal</li> <li>• Orange Slices</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Egg &amp; Cheese Taco</li> <li>• Cereal</li> <li>• Banana</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Poptarts &amp; Muffins</li> <li>• Cereal</li> <li>• Fresh Fruit Cup</li> <li>• Juice</li> <li>• Milk</li> </ul>

#### Celebrations

- National School Lunch Week: October 11-15
- Goblins in the Kitchen: October 29,
- Thanksgiving Dinner: November 10
- Holiday Dinner: December 8
- National School Breakfast Week: March 7-11
- March 9: Breakfast for Lunch
- Derby Party: May 5th

**Pre-payments to Lunchbox meal accounts can be made in each school cafeteria or by accessing [mySchoolBucks.com](http://mySchoolBucks.com).**

#### **MENU'S SUBJECT TO CHANGE**

Money may NOT be taken out of a student account without a note of approval from a parent. Parents who do not want their student to purchase extra food items must send a written request to the school Nutrition Services Manager for the account to be flagged "no extras allowed".

#### Students with Special Dietary Needs

Students with special dietary needs must have a doctor's statement on file with their school Nutrition Services Manager.

#### **Marty Adams**

Nutrition Services Coordinator  
634 North Mulberry  
Elizabethtown, KY 42701  
270-766-1231

[merty.adams@etown.kyschools.us](mailto:merty.adams@etown.kyschools.us)

**USDA is an equal opportunity provider and employer.**

**Elizabethtown Independent Schools  
Nutrition Services**



**Breakfast and Lunch Prices  
2021-2022**



	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Lunch Week 1</b>	<ul style="list-style-type: none"> <li>• Krispy Chicken on Bun</li> <li>• Grilled Cheese Sandwich</li> <li>• Deli Ham &amp; Cheese</li> <li>• Double PBJ</li> <li>• Fresh Greens</li> <li>• Tomato Soup</li> <li>• Peas &amp; Carrots</li> <li>• Diced Pears/ Fresh Apples</li> <li>• Ketchup/ Mayo/ Mustard Pickels (5)</li> </ul>	<ul style="list-style-type: none"> <li>• Handmade Chili</li> <li>• Popcorn Chicken</li> <li>• Oven Roasted Turkey &amp; Cheese</li> <li>• Double PBJ</li> <li>• Italian Blend Salad</li> <li>• Seasoned Wedges</li> <li>• Texas Toast</li> <li>• Applesause Cup/ Fresh Fruit Bites</li> </ul>	<ul style="list-style-type: none"> <li>• Mandarin Orange Chicken</li> <li>• General Tso</li> <li>• Turkey Bacon Wrap</li> <li>• Double PBJ</li> <li>• Brown Rice</li> <li>• Dinner Roll</li> <li>• Chilled Pineapple/ Banana</li> <li>• Broccoli Salad</li> </ul>	<ul style="list-style-type: none"> <li>• Nacho Bar w/ Beef Or Chicken W/ Tort. Chip</li> <li>• Chicken Tender Wrap</li> <li>• Double PBJ</li> <li>• Lettuce/ Tomato</li> <li>• Refried Beans/ Black Beans</li> <li>• Mexican Rice</li> <li>• Salsa</li> <li>• Sweet Peaches &amp; Berries...</li> </ul>	<ul style="list-style-type: none"> <li>• Italian Beef &amp; Pepperoni Calzone</li> <li>• Pasta Rotini w/ Garlic Bread</li> <li>• Double PBJ</li> <li>• Sweet Tater Fries</li> <li>• Fresh Veggies</li> <li>• Mandarin Oranges/ Fresh Fruit Basket</li> <li>• Ketchup/ Ranch/ Honey Mustard</li> </ul>	
	<b>Lunch Week 2</b>	<ul style="list-style-type: none"> <li>• Chicken Chili Crispito</li> <li>• Cheese Quesadilla</li> <li>• Deli Ham &amp; Cheese</li> <li>• Double PBJ</li> <li>• Corn</li> <li>• Rainbow Veggies</li> <li>• Diced Pears, Fresh Apples</li> <li>• Salsa</li> <li>• Ranch/ Mayo/ Mustard...</li> </ul>	<ul style="list-style-type: none"> <li>• BBQ Pulled Chicken</li> <li>• Fish Nuggets</li> <li>• Oven Roasted Turkey &amp; Cheese Sub</li> <li>• Double PBJ</li> <li>• Pasta Salad</li> <li>• Tater Tots</li> <li>• Applesauce Cup/ Fresh Fruit Bites</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Tenders W/ Roll</li> <li>• Spicy Boneless Chicken Wings W/ Roll</li> <li>• Turkey Bacon Wrap</li> <li>• Double PBJ</li> <li>• Whipped Potatoes</li> <li>• Chilled Pineapple/ Banana</li> <li>• White Gravy</li> <li>• Seasoned Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>• Hamburger on Bun</li> <li>• Honey Crunch Corndog</li> <li>• Chicken Tender Wrap</li> <li>• Double PBJ</li> <li>• Fresh Greens &amp; Sliced Tomatos</li> <li>• Smile Potatoes</li> <li>• Baked Beans</li> <li>• Sweet Peaches &amp; Berries/ Orange Wedges</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Alfredo W/ Garlic Bread</li> <li>• Cheesy Bosco Sticks</li> <li>• Double PBJ</li> <li>• Steamed California Blend Veggies</li> <li>• Salad</li> <li>• Marinara Sause Cup</li> <li>• Mandarin Oranges/ Fresh Fruit Basket</li> </ul>
		<b>Lunch Week 3</b>	<ul style="list-style-type: none"> <li>• Mini Corndogs</li> <li>• Chicken Rings</li> <li>• Deli Ham &amp; Cheese</li> <li>• Double PBJ</li> <li>• Fries</li> <li>• Diced Pears/ Fresh Apple Basket</li> <li>• Cooked Sweet Carrots</li> <li>• Ketchup/ Mustard/ Mayo/ Ranch/ Honey Mustard/ BBQ</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast For Lunch</li> <li>• Sausage &amp; Eggs</li> <li>• Oven Roasted Turkey &amp; Cheese Sub</li> <li>• Double PBJ</li> <li>• Apple Cinn. Texas Toast</li> <li>• Hashbrowns</li> <li>• Apple Sauce/ Resh Fruit Bites</li> <li>• Ketchup/ Jelly/ Mustard...</li> </ul>	<ul style="list-style-type: none"> <li>• BBQ Rib Sandwich on Sub Bun</li> <li>• Hot &amp; Spicy Chicken on Bun</li> <li>• Turkey Bacon Wrap</li> <li>• Double PBJ</li> <li>• JTM Mac &amp; Cheese</li> <li>• Coleslaw</li> <li>• Onions/ Tomatoes/ Fresh Greens.....</li> </ul>	<ul style="list-style-type: none"> <li>• Hawaiian/ Teryaki Chicken</li> <li>• BBQ Chicken w/ Garlic Bread</li> <li>• Double PBJ</li> <li>• Deli Roaster Potatoes</li> <li>• Winter Vegetables w/ Cheese</li> <li>• Salsa Cup</li> <li>• Sweet Peaches &amp; Berries/ Orange Wedges.....</li> </ul>

Breakfast Pricing

Students, Full Pay	Free
Students, Reduced	Free
Adult	\$2.50

Ala Carte

Entrée	\$1.00
Sides	\$ .50
Milk, Juice	\$ .30
Other Beverages	\$1.00 - \$1.25

Lunch Pricing

Students,	Free
Adults	\$3.50

Ala Carte

Entrée	\$1.75
Sides	\$ .50
Fries/Wedges/Tots	\$1.00
Rolls	\$ .25
Condiments Packets	\$ .10
Condiment Cups	\$ .25
Snack Rack Items	\$ .75
Other Beverages (Lunch)	\$1.00 - \$1.25

*ALL menus include a choice of Ice Cold Fat Free White or Chocolate Milk, we also offer Lactose free Milk*

